Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-800-4298 or visit us at <a href="https://secure.healthadvantage-hmo.com/members/eoclist.aspx">https://secure.healthadvantage-hmo.com/members/eoclist.aspx</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthadvantage-hmo.com/glossary">https://www.healthadvantage-hmo.com/glossary</a> or call 1-800-800-4298 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For <u>network provider</u> \$5,400 individual / \$10,800 family; for <u>out-of-network</u> <u>provider</u> \$7,400 individual / \$14,800 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network provider</u> - \$6,200 Individual / \$12,400 family. For <u>out-of-network</u> <u>provider</u> - \$8,400 individual/ \$16,800 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Out-of-network coinsurance, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	nmo.com/providerairectory/truebluepp	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider	Limitations, Exceptions & Other Important Information	
			(You will pay the most)		
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit	50% coinsurance	Copay and Coinsurance apply after deductible.	
If you visit a healthcare provider's office or clinic	<u>Specialist</u> visit	\$45 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	50% <u>coinsurance</u>	Services and procedures other than consult and eval are paid at 30% coinsurance for network providers; Copay and Coinsurance apply after deductible.	
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$30 <u>copay</u> /test	50% coinsurance	Copay and Coinsurance apply after deductible.	
ii you nave a test	Imaging (CT/PET scans, MRIs)	\$500 <u>copay</u> /test	50% coinsurance	Copay and Coinsurance apply after deductible.	
	Generic drugs	Retail \$100 copay/prescription Mail \$200 copay/prescription; deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	Retail \$1,000 copay/prescription Mail \$2,000 copay/prescription; deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
prescription drug coverage is available at https://www.healthadvantage- hmo.com/ha-formulary-2024	Non-preferred brand drugs	Retail \$2,000 copay/ prescription Mail \$4,000 copay/prescription; deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
	Specialty drugs	Retail \$6,200 <u>copay/</u> prescription; <u>deductible</u> does not apply	Not Covered	Prior authorization, step therapy or quantity limitations may apply; Non-preferred specialty drugs may apply a higher copay in- network; Coverage requires prior approval	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$45 <u>copay</u> /visit	50% <u>coinsurance</u>	Copay and coinsurance apply after deductible	
surgery	Physician/surgeon fees	\$45 <u>copay</u> /visit	50% coinsurance	Copay and coinsurance apply after deductible	

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	Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
		Emergency room care	\$800 <u>copay</u> /visit	\$800 <u>copay/visit</u>	Copay applies after <u>deductible</u>
	you need immediate edical attention	Emergency medical transportation	30% <u>coinsurance</u>	30% <u>coinsurance</u>	Coinsurance applies after <u>deductible</u>
		<u>Urgent care</u>	\$45 <u>copay</u> /visit	50% <u>coinsurance</u>	Copay and Coinsurance apply after deductible
lf ·	you have a hospital stay	Facility fee (e.g., hospital room)	\$800 <u>copay</u> /day	50% coinsurance	Copay and coinsurance apply after deductible
••		Physician/surgeon fees	30% coinsurance	50% coinsurance	Coinsurance applies after <u>deductible</u>
be	you need mental health, havioral health, or ibstance abuse services	Outpatient services	\$30 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	50% <u>coinsurance</u>	Consultation and evaluation only are paid at \$30 copay in-network; Other services and procedures are paid at 30% coinsurance in-network; Copay and Coinsurance apply after deductible
		Inpatient services	\$800 <u>copay</u> /day	50% coinsurance	Copay and coinsurance apply after deductible
If you are pregnant		Office visits	30% coinsurance	50% <u>coinsurance</u>	Coverage for routine ultrasounds limited to 1; <u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may  apply. Maternity care may include tests and services described elsewhere in the SBC;  Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>
		Childbirth/delivery professional services	30% <u>coinsurance</u>	50% coinsurance	Coverage requires prior notification; Coinsurance applies after deductible
	Childbirth/delivery facility services	30% <u>coinsurance</u>	50% coinsurance	Coverage for <u>out-of-network</u> newborn services is limited to \$2,000 per Covered Person for all services first 90 days after birth; Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>	

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
If you need help recovering or have other special health needs	Home health care	30% <u>coinsurance</u>	nu% coincillanca	Coverage is limited to 50 visits/person/calendar year; Coinsurance apply after deductible
	Rehabilitation services	\$30 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	Not Covered	Outpatient services limited to 30 visits/person/calendar year and paid at \$30 copay in-network; Inpatient services limited to 60 days/person/calendar year and paid at 30% coinsurance in-network; Copay and Coinsurance apply after deductible
	Habilitation services	\$30 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	Not Covered	Developmental services limited to 180 units/person/calendar year and paid at 30% coinsurance in-network; Outpatient services limited to 30 visits/person/calendar year and paid at \$30 copay in-network; Copay and Coinsurance apply after deductible
	Skilled nursing care	\$800 <u>copay</u> /day	ALI% COINCITANCE	Limited to 60 days/person/calendar year; Copay and coinsurance apply after deductible
	Durable medical equipment	\$250 <u>copay</u>	50% <u>coinsurance</u>	Copay and Coinsurance apply after deductible
	Hospice services	30% <u>coinsurance</u>	50% coinsurance	Hospice care must be certified by a physician as having a life expectancy of six months or less; <u>Coinsurance</u> applies after <u>deductible</u>
	Children's eye exam	No Charge	Not Covered	Limited to one exam per child per calendar year
If your child needs dental or eye care	Children's glasses	30% coinsurance	50% coinsurance	Limited to one pair of glasses with lenses or contacts per child per calendar year; <u>Coinsurance</u> applies after <u>deductible</u>
	Children's dental check-up	Not Covered	Not Covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions are not covered. Pregnancy terminations under the direction of a physician are covered but only when performed in an innetwork or outpatient hospital setting.
- Acupuncture
- · Adult Routine Eye Care
- Bariatric Surgery

- Cosmetic Surgery
- Dental Care
- Infertility treatment
- Long term care
- Non-emergency care when traveling outside of U.S. (Subject to discretion of the Company)

Weight loss programs

Private-duty nursing

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Limited to 30 visits/person/ calendar year)
- Hearing aids (\$1,400/ear/person)

Routine foot care is covered for podiatric conditions

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Arkansas Insurance Department at 1-800-852-5494, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or

<a href="http://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a> or contact the <a href="plan">plan</a> at 1-800-800-4298. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the Arkansas Insurance Department, Consumer Services Division. Additionally, a consumer assistance program can help you file your <u>appeal</u>. The contact information is:

Arkansas Insurance Department, Consumer Services Division

1 Commerce Way, Suite 102, Little Rock, Arkansas 72202

Telephone 1-800-852-5494, Email address: insurance.consumers@arkansas.gov

#### Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>,

#### Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-662-2276.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-662-2276.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-662-2276.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-662-2276.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## **About These Coverage Examples:**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,400
■ Specialist copayment	\$45
■ Hospital (facility) copayment	\$800
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$5,400
■ Specialist copayment	\$45
■ Hospital (facility) copayment	\$800
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

**Total Example Cost** 

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,400
■ Specialist copayment	\$45
■ Hospital (facility) copayment	\$800
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

Rehabilitation services (physical therapy)

**Total Example Cost** 

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Total Example Cost	\$12,800
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$5,400
Copayments	\$0
Coinsurance	\$2,200
What isn't covered	
Limits or exclusions	\$40
The total Peg would pay is	\$7,640

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In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$5,400
Copayments	\$800
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
Total Example Cost	\$6,260

\$7,400

Total Example Cost	Ψ1,500
In this example, Mia would pay:	
Cost Sharing	
<u> </u>	\$1,900
<u>Deductibles</u>	
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
Total Example Cost	\$1,900

\$1,900