Coverage Period: 01/01/2023 – 12/31/2023 Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-800-4298 or visit us at <a href="https://secure.healthadvantage-hmo.com/members/eoclist.aspx">https://secure.healthadvantage-hmo.com/members/eoclist.aspx</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthadvantage-hmo.com/glossary">https://www.healthadvantage-hmo.com/glossary</a> or call 1-800-800-4298 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For <u>network provider</u> \$2,000 individual / \$4,000 family; for <u>out-of-network</u> <u>provider</u> \$4,000 individual / \$8,000 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network provider</u> - \$8,700 Individual / \$17,400. For <u>out-of-network provider</u> - \$17,400 individual/ \$34,800 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Out-of-network coinsurance, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
network provider?	Yes. See <a href="https://www.healthadvantage-hmo.com/providerdirectory/trueblueppo">https://www.healthadvantage-hmo.com/providerdirectory/trueblueppo</a> or call 1-800-800-4298 for a list of <a href="https://www.healthadvantage-hmo.com/providerdirectory/trueblueppo">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

SBC #: 60020 31-34-C SBC-13262AR0230004-03 8/25/2022

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	costs shown in this c	What You Will Pay		
Common Medical Event Servic	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider	Limitations, Exceptions & Other Important Information
			(You will pay the most)	
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Coinsurance applies after deductible
If you visit a healthcare provider's office or clinic	<u>Specialist</u> visit	\$60 <u>copay</u> /visit and 25% <u>coinsurance</u> for other outpatient services	50% coinsurance	Services and procedures other than consult and eval are paid at 25% coinsurance in-network; Coinsurance applies after deductible
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	25% coinsurance	50% coinsurance	Coinsurance applies after deductible
	Imaging (CT/PET scans, MRIs)	25% coinsurance	50% coinsurance	Coinsurance applies after deductible; Coverage requires prior approval
	Generic drugs	Retail \$15 <u>copay/prescription</u> Mail \$30 <u>copay/prescription;</u> <u>deductible</u> does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.healthadvantage-hmo.com/ha-formulary-2023	Preferred brand drugs	Retail \$30 <u>copay/prescription</u> Mail \$60 <u>copay/</u> prescription; <u>deductible</u> does not apply	INIAT I AVATAA	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)
	Non-preferred brand drugs	Retail \$60 copay/ prescription Mail \$120 copay/ prescription; deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)
	Specialty drugs	Retail \$250 <u>copay/</u> prescription; <u>deductible</u> does not apply	Not Covered	Prior authorization, step therapy or quantity limitations may apply; Non-preferred specialty drugs may apply a higher coinsurance innetwork; Coverage requires prior approval
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance</u>	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible
	Physician/surgeon fees	25% coinsurance	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible

Common Modical Event	What You Will Pay		Limitations Eventions 9	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Emergency room care	25% coinsurance	25% coinsurance	Coinsurance applies after deductible
If you need immediate medical attention	Emergency medical transportation	25% coinsurance	25% coinsurance	Coinsurance applies after deductible
	<u>Urgent care</u>	\$45 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Coinsurance applies after deductible
If you have a hospital stay	Facility fee (e.g., hospital room)	25% <u>coinsurance</u>	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible
ii you nave a nospitai stay	Physician/surgeon fees	25% coinsurance	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible
If you need mental health, behavioral health, or	Outpatient services	\$30 <u>copay</u> /visit and 25% <u>coinsurance</u> for other outpatient services	50% coinsurance	Consultation and evaluation only are paid at \$30 copay in-network; Other services and procedures are paid at 25% coinsurance in-network after deductible
substance abuse services	Inpatient services	25% coinsurance	50% coinsurance	Coinsurance applies after deductible; Coverage requires prior approval
If you are pregnant	Office visits	25% <u>coinsurance</u>	50% <u>coinsurance</u>	Coverage for routine ultrasounds limited to 1; <u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may  apply. Maternity care may include tests and services described elsewhere in the SBC;  Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>
	Childbirth/delivery professional services	25% coinsurance	50% coinsurance	Coverage requires prior notification; Coinsurance applies after deductible
	Childbirth/delivery facility services	25% <u>coinsurance</u>	50% coinsurance	Coverage for <u>out-of-network</u> newborn services is limited to \$2,000 per Covered Person for all services first 90 days after birth; Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>

A	0 : V M N I	What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider	Limitations, Exceptions & Other Important Information
If you need help	Home health care	25% <u>coinsurance</u>	(You will pay the most) 50% coinsurance	Coverage is limited to 50 visits/person/calendar year; Coverage requires prior approval; Coinsurance applies after deductible
recovering or have other special health needs	Rehabilitation services	\$30 <u>copay</u> /visit and 25% <u>coinsurance</u> for other outpatient services	Not Covered	Outpatient services limited to 30 visits/person/calendar year and paid at \$30 copay; Inpatient services limited to 60 days/person/calendar year and paid at 25% coinsurance in-network after deductible
	Habilitation services	\$30 <u>copay</u> /visit and 25% <u>coinsurance</u> for other outpatient services	Not Covered	Developmental services limited to 180 units/person/calendar year and paid at 25% coinsurance in-network after deductible; Outpatient services limited to 30 visits/person/calendar year and paid at \$30 copay
	Skilled nursing care	25% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 60 days/person/calendar year; Coverage requires prior approval; <u>Coinsurance</u> applies after <u>deductible</u>
	Durable medical equipment	25% <u>coinsurance</u>	50% coinsurance	Prior approval is required for DME costs which exceeds \$500; Coinsurance applies after deductible
	Hospice services	25% coinsurance	50% coinsurance	Hospice care must be certified by a physician as having a life expectancy of six months or less; Coverage requires prior approval; Coinsurance applies after deductible
	Children's eye exam	No Charge	Not Covered	Limited to one exam per child per calendar year
If your child needs dental or eye care	Children's glasses	25% coinsurance	50% coinsurance	Limited to one pair of glasses with lenses or contacts per child per calendar year; <u>Coinsurance</u> applies after <u>deductible</u>
	Children's dental check-up	Not Covered	Not Covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions are not covered. Pregnancy terminations under the direction of a physician are • Infertility Treatment covered but only when performed in an in-network • Long term care or outpatient hospital setting.
- Acupuncture
- **Bariatric Surgery**
- Cosmetic Surgery

- Dental Care

- Non-emergency care when traveling outside of U.S. (Subject to discretion of the company)
- Private-duty nursing
- · Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Limited to 30 visits/person/ calendar vear)
- Hearing aids (\$1,400/ear/person)

 Routine eye care (Adult) (1 visit/person every 2
 Routine foot care is covered for podiatric conditions years)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Arkansas Insurance Department at 1-800-852-5494, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform or contact the plan at 1-800-800-4298. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Arkansas Insurance Department, Consumer Services Division. Additionally, a consumer assistance program can help you file your appeal. The contact information is:

Arkansas Insurance Department, Consumer Services Division

1 Commerce Way, Suite 102, Little Rock, Arkansas 72202

Telephone 1-800-852-5494, Email address: insurance.consumers@arkansas.gov

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of **Minimum Essential Coverage**, you may not be eligible for the **premium tax credit**.

### Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-662-2276.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-662-2276.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-662-2276.

Navajo (Dine): Dinek'ehqo shika at'ohwol ninisingo, kwiijigo holne' 1-844-662-2276.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

### **About These Coverage Examples:**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

\$2,000
\$60
25%
25%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example. Peg would pay:

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist copayment	\$60
■ Hospital (facility) coinsurance	25%
Other coinsurance	25%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

# Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist copayment	\$60
■ Hospital (facility) coinsurance	25%
■ Other coinsurance	25%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,800
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Cost Sharing	
<u>Deductibles</u>	\$2,000
Copayments	\$0
Coinsurance	\$2,700
What isn't covered	
Limits or exclusions	\$40
The total Peg would pay is	\$4,740

Total Example Cost	\$7,400

In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,000	
Copayments	\$400	
Coinsurance	\$400	
What isn't covered		
Limits or exclusions	\$60	
Total Example Cost	\$2,860	

Total Example Cost	\$1,900
•	

# In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$1,900
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
Total Example Cost	\$1,900