Coverage Period: 01/01/2023 – 12/31/2023

Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-800-4298 or visit us at https://secure.healthadvantage-hmo.com/members/eoclist.aspx. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthadvantage-hmo.com/glossary or call 1-800-800-4298 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Not Applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a network provider?	nmo.com/providerairectory/truebluepp	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

SBC #: 60022 31-35-B SBC-13262AR0230005-02 06/27/22

A	All <u>copayment</u> and <u>coinsurance</u> costs shown in this cha	art are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Primary care visit to treat an injury or illness	No Charge	No Charge	None	
If you visit a healthcare	<u>Specialist</u> visit	No Charge	No Charge	None	
provider's office or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	No Charge	None	
i you have a test	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	Coverage requires prior approval	
you need drugs to treat	Generic drugs	No Charge	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription);	
your illness or condition More information about	Preferred brand drugs	No Charge	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
s avallable at	Non-preferred brand drugs	No Charge	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
https://www.healthadvantage- hmo.com/ha-formulary-2023	Specialty drugs	No Charge	Not Covered	Prior authorization, step therapy or quantity limitations may apply. Coverage requires prior approval.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	Coverage requires prior approval	
surgery	Physician/surgeon fees	No Charge	No Charge	Coverage requires prior approval	

	Common Medical Event	Complete Very May Need	What You Will Pay		Limitations Evacations 9	
	Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
		Emergency room care	No Charge	No Charge	None	
		Emergency medical transportation	No Charge	No Charge	None	
		<u>Urgent care</u>	No Charge	No Charge	None	
	f you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	No Charge	Coverage requires prior approval	
ľ		Physician/surgeon fees	No Charge	No Charge	Coverage requires prior approval	
k	pehavioral health, or	Outpatient services	No Charge	No Charge	None	
		Inpatient services	No Charge	No Charge	Coverage requires prior approval	
If	f you are pregnant	Office visits	No Charge	No Charge	Coverage for routine ultrasounds limited to 1; <u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC; Coverage requires prior notification	
		Childbirth/delivery professional services	No Charge	No Charge	Coverage requires prior notification	
		Childbirth/delivery facility services	No Charge	No Charge	Coverage for <u>out-of-network</u> newborn services is limited to \$2,000 per Covered Person for all services first 90 days after birth; Coverage requires prior notification	

Occurred Madical France	Comitons Von Man Nord	What You Will Pay		11 11 11 11 11 11
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most	Limitations, Exceptions & Other Important Information
	Home health care	No Charge	No Charge	Coverage is limited to 50 visits/person/calendar year; Coverage requires prior approval
	Rehabilitation services	No Charge	Not Covered	Outpatient services limited to 30 visits/person/calendar year; Inpatient services limited to 60 days/person/calendar year
If you need help recovering or have other	Habilitation services	No Charge	Not Covered	Developmental services limited to 180 units/person/calendar year; Outpatient services limited to 30 visits/person/calendar year;
special health needs	Skilled nursing care	No Charge	No Charge	Limited to 60 days/person/calendar year; Coverage requires prior approval
	Durable medical equipment	No Charge	No Charge	Prior approval is required for DME costs which exceeds \$500
	Hospice services	No Charge	No Charge	Hospice care must be certified by a physician as having a life expectancy of six months or less; Coverage requires prior approval
	Children's eye exam	No Charge	Not Covered	Limited to one exam per child per calendar year
If your child needs dental or eye care	Children's glasses	No Charge	No Charge	Limited to one pair of glasses with lenses or contacts per child per calendar year
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Weight loss programs

- Abortions are not covered. Pregnancy terminations under the direction of a physician are • Dental Care covered but only when performed in an in-network • Infertility treatment or outpatient hospital setting.
- Acupuncture
- Adult Routine Eye Care
- Bariatric Surgery

- Cosmetic Surgery

- Long term care
- · Non-emergency care when traveling outside of U.S. (Subject to discretion of the company)
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Limited to 30 visits/person/ calendar vear)
- Hearing aids (\$1,400/ear/person)

- Routine foot care is covered for podiatric conditions
- Routine eye care (Adult) (1 visit/person every 2 years)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Arkansas Insurance Department at 1-800-852-5494, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform or contact the plan at 1-800-800-4298. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Arkansas Insurance Department, Consumer Services Division. Additionally, a consumer assistance program can help you file your appeal. The contact information is:

> Arkansas Insurance Department, Consumer Services Division 1 Commerce Way, Suite 102, Little Rock, Arkansas 72202

Telephone 1-800-852-5494, Email address: insurance.consumers@arkansas.gov

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-662-2276.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-662-2276.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-662-2276.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-662-2276.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About These Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$(
■ Specialist copayment	\$0
Hospital (facility) coinsurance	0%
■ Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

In this example Dea would nave

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs

Durable medical equipment (glucose meter)

Emergency room care (including medical supplies)	
Diagnostic test (x-ray)	
Durable medical equipment (crutches)	
Rehabilitation services (physical therapy)	

This EXAMPLE event includes services like:

Mia's Simple Fracture

(in-network emergency room visit and

follow up care)

■ The plan's overall deductible

■ Hospital (facility) coinsurance

Specialist copayment

Other coinsurance

Total Example Cost \$12,800

ili tilis example, reg would pay.		
Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$0	

Total Example Cost	\$7,4
In this example. Joe would pay:	

m une example, eee meala pay.		
\$0		
\$0		
\$0		
\$60		
\$60		

Total Example Cost	\$1,900
--------------------	---------

In this example. Mia would pay:

Cost Sharing	
\$0	
\$0	
\$0	
What isn't covered	
\$0	
\$0	

Note: These numbers assume the patient received care from an IHCP provider or with IHCP referral at a non-IHCP. If you receive care from a non-IHCP provider without a referral from an IHCP your costs may be higher

\$0