Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-800-4298 or visit us at <a href="https://secure.healthadvantage-hmo.com/members/eoclist.aspx">https://secure.healthadvantage-hmo.com/members/eoclist.aspx</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthadvantage-hmo.com/glossary">https://www.healthadvantage-hmo.com/glossary</a> or call 1-800-800-4298 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For <u>network provider</u> \$5,900 individual / \$11,800 family; for <u>out-of-network</u> <u>provider</u> \$10,300 individual / \$20,600 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For network provider - \$9,100 Individual / \$18,200. For out-of-network provider - \$13,700 individual/ \$27,400 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Out-of-network coinsurance, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	nmo.com/providerdirectory/trueblueppo.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	Silisurance costs shown in this c	What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Primary care visit to treat an injury or illness	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Coinsurance applies after deductible
If you visit a healthcare provider's office or clinic	<u>Specialist</u> visit	\$80 <u>copay</u> /visit and 40% <u>coinsurance</u> for other outpatient services	50% <u>coinsurance</u>	Consultation and evaluation only are paid at \$80 copay in-network. Services and procedures other than consult and eval are paid at 40% coinsurance in-network after deductible
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	40% <u>coinsurance</u>	50% coinsurance	Coinsurance applies after deductible
	Imaging (CT/PET scans, MRIs)	40% <u>coinsurance</u>	50% coinsurance	Coinsurance applies after deductible
	Generic drugs	Retail \$20 <u>copay</u> /prescription Mail \$40 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	Retail \$40 <u>copay/prescription</u> Mail \$80 <u>copay/prescription;</u> <u>deductible</u> does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)
prescription drug coverage is available at https://www.healthadvantage-	Non-preferred brand drugs	Retail \$80 copay/ prescription Mail \$160 copay/prescription	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription); Copay applies after deductible
hmo.com/ha-formulary-2024	Specialty drugs	Retail \$350 <u>copay/</u> prescription	Not Covered	Prior authorization, step therapy or quantity limitations may apply; Non-preferred specialty drugs may apply a higher <u>copay</u> in- network; <u>Copay</u> applies after <u>deductible</u> . Coverage requires prior approval
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	40% coinsurance	50% coinsurance	Coinsurance applies after deductible
surgery	Physician/surgeon fees 40% coinsurance	50% coinsurance	Coinsurance applies after deductible	

<sup>\*</sup>For more information about limitations and exceptions, see the plan or policy document at <a href="https://secure.healthadvantage-hmo.com/members/eoclist.aspx">https://secure.healthadvantage-hmo.com/members/eoclist.aspx</a>

Common Medical Event	Services You May Need	What You W	/ill Pay	Limitations Essentions 0	
Common Medical Event	Services fou may need		Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Emergency room care	40% <u>coinsurance</u>	40% coinsurance	Coinsurance applies after deductible	
If you need immediate medical attention	Emergency medical transportation	40% coinsurance	40% coinsurance	Coinsurance applies after deductible	
	<u>Urgent care</u>	\$60 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Coinsurance applies after deductible	
If you have a hamital atoy	Facility fee (e.g., hospital room)	40% <u>coinsurance</u>	50% coinsurance	Coinsurance applies after deductible	
If you have a hospital stay	Physician/surgeon fees	40% coinsurance	50% coinsurance	Coinsurance applies after deductible	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$40 <u>copay</u> /visit and 40% <u>coinsurance</u> for other outpatient services	50% comsurance	Consultation and evaluation only are paid at \$40 copay in-network; Other services and procedures are paid at 40% coinsurance in-network after deductible	
substance abuse services	Inpatient services	40% coinsurance	50% coinsurance	Coinsurance applies after deductible	
If you are pregnant	Office visits	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Coverage for routine ultrasounds limited to 1; <u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC; Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>	
	Childbirth/delivery professional services	40% <u>coinsurance</u>	50% coincillance	Coverage requires prior notification; Coinsurance applies after deductible	
	Childbirth/delivery facility services	40% <u>coinsurance</u>	50% coinsurance	Coverage for <u>out-of-network</u> newborn services is limited to \$2,000 per Covered Person for all services first 90 days after birth; Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>	

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Home health care	40% coinsurance	50% coinsurance	Coverage is limited to 50 visits/person/calendar year; Coinsurance applies after deductible	
	Rehabilitation services	\$40 <u>copay</u> /visit and 40% <u>coinsurance</u> for other outpatient services		Outpatient services limited to 30 visits/person/calendar year and paid at \$40 copay; Inpatient services limited to 60 days/person/calendar year and paid at 40% Copay/coinsurance in-network after deductible	
If you need help recovering or have other special health needs	Habilitation services	\$40 <u>copay</u> /visit and 40% <u>coinsurance</u> for other outpatient services	Not Covered	Developmental services limited to 180 units/person/calendar year and paid at 40% Copay/coinsurance in-network after deductible; Outpatient services limited to 30 visits/person/calendar year and paid at \$40 copay	
	Skilled nursing care	40% coinsurance	50% coinsurance	Limited to 60 days/person/calendar year; Coinsurance applies after deductible	
	Durable medical equipment	40% coinsurance	50% coinsurance	Coinsurance applies after deductible	
	Hospice services	40% coinsurance	50% coinsurance	Hospice care must be certified by a physician as having a life expectancy of six months or less; <u>Coinsurance</u> applies after <u>deductible</u>	
	Children's eye exam	No Charge	Not Covered	Limited to one exam per child per calendar year	
If your child needs dental or eye care	Children's glasses	40% coinsurance	50% coinsurance	Limited to one pair of glasses with lenses or contacts per child per calendar year;  Coinsurance applies after deductible	
	Children's dental check-up	Not Covered	Not Covered	None	

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions are not covered. Pregnancy terminations under the direction of a physician are • Infertility Treatment covered but only when performed in an in-network • Long term care or outpatient hospital setting.
- Acupuncture
- **Bariatric Surgery**
- Cosmetic Surgery

- Dental Care

- Non-emergency care when traveling outside of U.S. (Subject to discretion of the company)
- Private-duty nursing
- · Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Limited to 30 visits/person/ calendar vear)
- Hearing aids (\$1,400/ear/person)

 Routine eye care (Adult) (1 visit/person every 2
 Routine foot care is covered for podiatric conditions years)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Arkansas Insurance Department at 1-800-852-5494, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform or contact the plan at 1-800-800-4298. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Arkansas Insurance Department, Consumer Services Division. Additionally, a consumer assistance program can help you file your appeal. The contact information is:

Arkansas Insurance Department, Consumer Services Division

1 Commerce Way, Suite 102, Little Rock, Arkansas 72202

Telephone 1-800-852-5494, Email address: insurance.consumers@arkansas.gov

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of **Minimum Essential Coverage**, you may not be eligible for the **premium tax credit**.

## Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-662-2276.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-662-2276.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-662-2276.

Navajo (Dine): Dinek'ehqo shika at'ohwol ninisingo, kwiijigo holne' 1-844-662-2276.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About These Coverage Examples:**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$5,900
Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,900
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

# Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,900
Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,800
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In	this	example,	Peg	would	pay:	
			Co	st Sha	ring	

Cost Sharing				
<u>Deductibles</u>	\$5,900			
Copayments	\$0			
Coinsurance	\$2,700			
What isn't covered				
Limits or exclusions \$				
The total Peg would pay is \$8,640				

# In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$5,900	
Copayments	\$0	
Coinsurance	\$600	
What isn't covered		
Limits or exclusions	\$60	
Total Example Cost	\$6,560	

Total Example Cost \$1,90
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# In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$1,900
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
<b>Total Example Cost</b>	\$1,900