Coverage Period: 01/01/2023 – 12/31/2023

Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-800-4298 or visit us at <a href="https://secure.healthadvantage-hmo.com/members/eoclist.aspx">https://secure.healthadvantage-hmo.com/members/eoclist.aspx</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthadvantage-hmo.com/glossary">https://www.healthadvantage-hmo.com/glossary</a> or call 1-800-800-4298 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For <u>network provider</u> \$800 individual / \$1,600 family; for <u>out-of-network</u> <u>provider</u> \$11,600 individual / \$23,200 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/.</u>
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network provider</u> - \$3,000 Individual / \$6,000. For <u>out-of-network provider</u> - \$17,800 individual/ \$35,600 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Out-of-network coinsurance, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
	Yes. See <a href="https://www.healthadvantage-hmo.com/providerdirectory/trueblueppo">https://www.healthadvantage-hmo.com/providerdirectory/trueblueppo</a> or call 1-800-800-4298 for a list of <a href="network providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

SBC #: 60025 31-35-E SBC-13262AR0230005-05 8/25/2022

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider	Limitations, Exceptions & Other Important Information	
			(You will pay the most)		
	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Coinsurance applies after deductible	
If you visit a healthcare provider's office or clinic	<u>Specialist</u> visit	\$40 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	50% <u>coinsurance</u>	Consultation and evaluation only are paid at \$40 copay in-network. Services and procedures other than consult and eval are paid at 30% coinsurance in-network after deductible	
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% coinsurance	50% coinsurance	Coinsurance applies after deductible	
	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	Coinsurance applies after deductible; Coverage requires prior approval	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.healthadvantage-hmo.com/ha-formulary-2023	Generic drugs	Retail \$10 copay/prescription Mail \$20 copay/prescription; deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
	Preferred brand drugs	Retail \$20 copay/prescription Mail \$40 copay/prescription; deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription)	
	Non-preferred brand drugs	Retail \$60 <u>copay/</u> prescription Mail \$120 <u>copay/</u> prescription	Not Covered	Covers up to 30-day supply (retail prescriptions); 31-90 day supply (mail order prescription); Copay applies after deductible	
	Specialty drugs	Retail \$250 <u>copay/</u> prescription	Not Covered	Prior authorization, step therapy or quantity limitations may apply; Non-preferred specialty drugs may apply a higher coinsurance innetwork; Coverage requires prior approval; Copay applies after deductible	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u>	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible	
	Physician/surgeon fees	30% coinsurance	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible	

<sup>\*</sup>For more information about limitations and exceptions, see the plan or policy document at <a href="https://secure.healthadvantage-hmo.com/members/eoclist.aspx">https://secure.healthadvantage-hmo.com/members/eoclist.aspx</a>

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Emergency room care	30% <u>coinsurance</u>	30% coinsurance	Coinsurance applies after deductible	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	Coinsurance applies after deductible	
	Urgent care	\$30 <u>copay</u> /visit; <u>deductible</u> does not apply	50% coinsurance	Coinsurance applies after deductible	
If you have a beenital stay	Facility fee (e.g., hospital room)	30% coinsurance		Coverage requires prior approval; Coinsurance applies after deductible	
If you have a hospital stay	Physician/surgeon fees	30% coinsurance	50% coinsurance	Coverage requires prior approval; Coinsurance applies after deductible	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	50% coinsurance	Consultation and evaluation only are paid at \$20 copay in-network; Other services and procedures are paid at 30% coinsurance in-network after deductible	
	Inpatient services	30% <u>coinsurance</u>	50% coinsurance	<u>Coinsurance</u> applies after <u>deductible</u> ; Coverage requires prior approval	
If you are pregnant		30% coinsurance	50% <u>coinsurance</u>	Coverage for routine ultrasounds limited to 1; <u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC; Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>	
	Childbirth/delivery professional services	30% coinsurance	ALI% COINCILIANCE	Coverage requires prior notification; Coinsurance applies after deductible	
	Childbirth/delivery facility services	30% <u>coinsurance</u>	50% coinsurance	Coverage for <u>out-of-network</u> newborn services is limited to \$2,000 per Covered Person for all services first 90 days after birth; Coverage requires prior notification; <u>Coinsurance</u> applies after <u>deductible</u>	

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
If you need help recovering or have other special health needs	Home health care	30% coinsurance	50% <u>coinsurance</u>	Coverage is limited to 50 visits/person/calendar year; Coverage requires prior approval; Coinsurance applies after deductible	
	Rehabilitation services	\$20 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	Not Covered	Outpatient services limited to 30 visits/person/calendar year and paid at \$20 copay; Inpatient services limited to 60 days/person/calendar year and paid at 30% coinsurance in-network after deductible	
	Habilitation services	\$20 <u>copay</u> /visit and 30% <u>coinsurance</u> for other outpatient services	Not Covered	Developmental services limited to 180 units/person/calendar year and paid at 30% coinsurance in-network after deductible; Outpatient services limited to 30 visits/person/calendar year and paid at \$20 copay	
	Skilled nursing care	30% <u>coinsurance</u>	50% coinsurance	Limited to 60 days/person/calendar year; Coverage requires prior approval; <u>Coinsurance</u> applies after <u>deductible</u>	
	Durable medical equipment	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Prior approval is required for DME costs which exceeds \$500; Coinsurance applies after deductible	
	Hospice services	30% coinsurance	50% coinsurance	Hospice care must be certified by a physician as having a life expectancy of six months or less; Coverage requires prior approval; Coinsurance applies after deductible	
	Children's eye exam	No Charge	Not Covered	Limited to one exam per child per calendar year	
If your child needs dental or eye care	Children's glasses	30% coinsurance	50% coinsurance	Limited to one pair of glasses with lenses or contacts per child per calendar year;  Coinsurance applies after deductible	
	Children's dental check-up	Not Covered	Not Covered	None	

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions are not covered. Pregnancy terminations under the direction of a physician are • Infertility Treatment covered but only when performed in an in-network • Long term care or outpatient hospital setting.
- Acupuncture
- **Bariatric Surgery**
- Cosmetic Surgery

- Dental Care

- Non-emergency care when traveling outside of U.S. (Subject to discretion of the company)
- Private-duty nursing
- · Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Limited to 30 visits/person/ calendar vear)
- Hearing aids (\$1,400/ear/person)

 Routine eye care (Adult) (1 visit/person every 2
 Routine foot care is covered for podiatric conditions years)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Arkansas Insurance Department at 1-800-852-5494, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform or contact the plan at 1-800-800-4298. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Arkansas Insurance Department, Consumer Services Division. Additionally, a consumer assistance program can help you file your appeal. The contact information is:

Arkansas Insurance Department, Consumer Services Division

1 Commerce Way, Suite 102, Little Rock, Arkansas 72202

Telephone 1-800-852-5494, Email address: insurance.consumers@arkansas.gov

# Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of **Minimum Essential Coverage**, you may not be eligible for the **premium tax credit**.

## Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-662-2276.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-662-2276.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-662-2276.

Navajo (Dine): Dinek'ehqo shika at'ohwol ninisingo, kwiijigo holne' 1-844-662-2276.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About These Coverage Examples:**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$800
Specialist copayment	\$40
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$800
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

# Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$800
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,800
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# In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$800			
Copayments	\$20			
Coinsurance	\$3,500			
What isn't covered				
Limits or exclusions	\$10			
The total Peg would pay is	\$4,330			

Total Example Cost \$
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#### In this example, Joe would pay:

Cost Sharing			
<u>Deductibles</u>	\$800		
Copayments	\$800		
Coinsurance	\$600		
What isn't covered			
Limits or exclusions	\$200		
Total Example Cost	\$2,400		

# In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$800
Copayments	\$200
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
<b>Total Example Cost</b>	\$1,300